

Stella Niagara Education Park – **JANUARY** Lunch Menu

		<p>2. Stella Brunch Eggs/Sausage/Pancake Eggs/Yogurt/Pancake PB&J/PB Salad Prepared/ Fresh Fruit</p> 	<p>3. Pepperoni Pizza Cheese Pizza Chicken Finger Pizza PB&J /PB Salad Carrots/Celery Sticks Prepared/ Fresh Fruit</p>	<p>4. Grilled Cheese Egg Salad PB&J / PB Salad 3 Bean Salad Soup Prepared/ Fresh Fruit</p>
<p>7. Hotdog/Bun Cheese dog/Bun PB&J /PB Salad Baked Fries Baked Beans Prepared/Fresh Fruit</p> 	<p>8. Sr. Anthony's Chicken Bologna & Cheese PB&J / PB Salad Mashed Potato Prepared/Fresh Fruit</p>	<p>9. Sloppy Joe/Bun Buttered Pasta/cheese PB&J / PB Salad Corn Prepared/Fresh Fruit</p>	<p>10. Pepperoni Pizza Cheese Pizza Chicken Finger PB&J/PB Salad Carrot sticks Prepared/ Fresh Fruit</p> 	<p>11. Grilled Cheese Tuna Melt PB&J /PB Salad Tomato Soup Green Beans Prepared/Fresh Fruit</p>
<p>14. Mac & Cheese Ham & Cheese PB&J / PB Salad Broccoli Prepared/Fresh Fruit</p>	<p>15. Taco Buttered Pasta/Cheese PB&J / PB Salad 3 Bean Salad Prepared/Fresh Fruit</p>	<p>16. Hamburger/Bun Cheese Burger/Bun PB&J /PB Salad Tater Tots Prepared/Fresh Fruit</p> 	<p>17. Pepperoni Pizza Cheese Pizza Chicken Finger Pizza PB&J/PB Salad Carrots & Celery Prepared/ Fresh Fruit</p>	<p>18. Grilled Cheese Egg Salad PB&J / PB Salad Green Beans Chicken Noodle Soup Prepared/Fresh Fruit</p>
<p>21. No school</p> 	<p>Grilled Cheese Bologna & Cheese PB&J / PB Salad Mashed Potato Prepared/Fresh Fruit</p>	<p>23. Chili Buttered Pasta/Cheese PB&J / PB Salad Corn Prepared/Fresh Fruit</p>	<p>24. Pepperoni Pizza Cheese Pizza Chicken Finger PB&J/PB Salad Carrot sticks Prepared/ Fresh Fruit</p>	<p>25. No student attendance</p> 
<p>28. Pasta/Meatballs Buttered Pasta/Cheese PB&J/PB Salad Green Beans Garlic Bread Prepared/ Fresh Fruit</p>	<p>29. French Toast/Sausage French Toast/Yogurt PB&J /PB Salad Prepared/ Fresh Fruit</p>	<p>30. Chicken Fajita Buttered Pasta/Cheese PB&J /PB Salad Corn Prepared/Fresh Fruit</p>	<p>31. Pepperoni Pizza Cheese Pizza Chicken Finger PB&J/PB Salad Carrot sticks Prepared/ Fresh Fruit</p>	

Romaine salad served daily includes carrots, and tomato
Must take ½ cup of fruit or ¾ cup of vegetables or both daily
Milk is offered daily-----1% unflavored, fat free unflavored or fat free flavored
All entrees are 2M and 1.75G/1.5G [except grilled cheese], 1.5 M