



## STELLA NIAGARA EDUCATION PARK-October Lunch Menu

<p>1.</p> <p style="text-align: center;">Hard or Soft Taco Buttered Pasta / Cheese stick PB&amp;J / PB Salad 3 Bean Salad Prepared / Fresh Fruit</p>	<p>2.</p> <p style="text-align: center;">Pepperoni Pizza Cheese Pizza Chicken Finger Pizza PB&amp;J / PB Salad Carrots / Celery Prepared / Fresh Fruit</p>	<p>3.</p> <p style="text-align: center;">Hotdog / Bun Cheese Dog / Bun PB&amp;J / PB Salad Baked Fries Prepared / Fresh Fruit</p> <p style="text-align: center;"></p>	<p>4.</p> <p style="text-align: center;">Pepperoni Pizza on Pita Cheese Pizza on Pita Bologna &amp; Cheese PB&amp;J / PB Salad Corn Prepared / Fresh Fruit</p>	<p>5.</p> <p style="text-align: center;">Grilled Cheese Tuna Melt PB&amp;J / PB Salad Corn Tomato Soup Prepared / Fresh Fruit</p>
<p>8.</p> <p style="text-align: center;">  NO School</p>	<p>9.</p> <p style="text-align: center;">Stella Brunch Eggs/ Sausage /Pancake Eggs/ Yogurt / Pancakes PB&amp;J or PB Salad Prepared / Fresh Fruit</p> <p style="text-align: center;"></p>	<p>10.</p> <p style="text-align: center;">Hamburger / Bun Cheeseburger / Bun PB&amp;J/PB Salad Tater Tots Baked Beans Prepared / Fresh Fruit</p>	<p>11.</p> <p style="text-align: center;">Pepperoni Pizza Cheese Pizza Chicken Finger PB&amp;J / PB Salad Carrots / Celery Prepared / Fresh Fruit</p>	<p>12.</p> <p style="text-align: center;">Grilled Cheese Tuna Melt PB&amp;J / PB Salad Green Beans Chicken Noodle Soup Prepared / Fresh Fruit</p>
<p>15.</p> <p style="text-align: center;">Pasta &amp; Meatball Buttered Pasta / Cheese PB&amp;J / PB Salad Green Beans Prepared / Fresh Fruit</p>	<p>16.</p> <p style="text-align: center;">Baked Chicken Deli Turkey Sandwich PB&amp;J / PB Salad Mash Potato Prepared / Fresh Fruit</p>	<p>17.</p> <p style="text-align: center;">Grilled Cheese Tuna Melt PB&amp;J / PB Salad 3 Bean Salad Tomato Soup Prepared / Fresh Fruit</p>	<p>18.</p> <p style="text-align: center;">Pepperoni Pizza Cheese Pizza Chicken Finger Pizza PB&amp;J / PB Salad Carrots / Celery Prepared / Fresh Fruit</p>	<p>19.</p> <p style="text-align: center;">Mac &amp; Cheese Egg Salad PB&amp;J / PB Salad Broccoli Prepared / Fresh Fruit</p>
<p>22.</p> <p style="text-align: center;">Chicken &amp; Cheese Fajita Buttered Pasta / Cheese PB&amp;J / PB Salad Corn Prepared / Fresh Fruit</p>	<p>23.</p> <p style="text-align: center;">French Toast / Sausage French Toast / Yogurt PB&amp;J / PB Salad Tater Tots Prepared / Fresh Fruit</p>	<p>24.</p> <p style="text-align: center;">Chili / Mashed Potato Buttered Pasta/Cheese PB&amp;J / PB Salad South Western Corn Prepared / Fresh Fruit</p>	<p>25.</p> <p style="text-align: center;">Pepperoni Pizza Cheese Pizza Chicken Finger Pizza PB&amp;J / PB Salad Carrots / Celery Prepared / Fresh Fruit</p>	<p>26.</p> <p style="text-align: center;">Grilled Cheese Tuna Melt PB&amp;J / PB Salad Green Beans Tomato Soup Prepared / Fresh Fruit</p>
<p>29.</p> <p style="text-align: center;">Chicken Nuggets Deli Ham &amp; Cheese PB&amp;J / PB Romaine Salad Baked Beans Prepared / Fresh Fruit</p>	<p>30.</p> <p style="text-align: center;">Meatball Sub Buttered Pasta / cheese PB&amp;J / PB Caesar Salad Corn Prepared / Fresh Fruit</p>	<p>31.</p> <p style="text-align: center;">Roasted Turkey on Roll Tuna Fish Sandwich PB&amp;J / PB Salad Broccoli Prepared / Fresh Fruit</p>	<div style="display: flex; justify-content: space-around; align-items: center;">   </div>	

Romaine salad served daily includes carrots, and tomato  
 Must take ½ cup of fruit or ¾ cup of vegetables or both daily  
 Milk is offered daily-----1% unflavored, fat free unflavored or fat free flavored  
 All entrees are 2M and 1.75G/1.5G [except grilled cheese], 1.5 M